






BUMC Circuit Riders and Facilitators List
Revised July 15, 2019


NAME	CONTACT INFORMATION	BIO	TOPICS	# WEEKS	AUDIO / VISUAL NEEDS
<p>Byrd Baggett</p>  <p>251 716-3630</p>	<p>byrd@byrdbaggett.com</p>	<p>Byrd has been helping organizations develop authentic leaders and passionately engaged teams since 1990. His corporate experience includes sales and management careers with two Fortune 500 companies.</p> <p>He is the creator of the True Growth™ brand and a partner in the world-class True Growth™ Academy leader development experience that has served more than 5,000 governmental, civilian and military leaders since 2007.</p> <p>Byrd is the author of 15 books on the topics of sales, customer service, leadership and motivation. A former All American sprinter at the University of Texas at Austin, Byrd is also a Certified Speaking Professional (CSP), the highest earned designation presented by the National Speakers Association.</p>	<p>Legacy Leading™ - The Power of YOUR Story To live a good story is the deepest cry of every human heart. In this high-energy presentation, Byrd shares insights and strategies that will help individuals live lives of personal and professional significance. If you're looking to take your life to the next level, this message is for you!</p>	<p>1</p>	<p>LCD Projector / Screen</p>
<p>Byrd Baggett 251 716-3630</p>	<p>byrd@byrdbaggett.com</p>		<p>Can You Trust Me? Simple Insights on How to Live and Lead with Integrity</p>	<p>1</p>	<p>LCD Projector / Screen</p>
<p>Ray Bailey</p>  <p>615 340-7334</p>	<p>c.ray.bailey77@gmail.com</p>	<p>Chaplain Bailey is the son of a United Methodist minister in the Nebraska and has grown up living and attending school over a large part of the United States. He graduated from Texas Wesleyan University in Ft. Worth, Texas in June 1975 with a Bachelor of Arts Degree in Business and Religion. He then attended Texas Christian University, Brite Divinity School, graduating in June 1978 with a Masters of Divinity Degree. He graduated from the Army War College in 2007 with a Master Degree in Strategic Studies.</p> <p>Chaplain Bailey was nominated by the President in May 2011 for promotion to the rank of Brigadier General and assignment as the Deputy Chief of Chaplains, U.S. Army, Washington, DC. He retired 31 July 2015 after 34 years of active service. He assumed the position 1 July 2016 as Assistant General Secretary for Operations and later as the Strategic Leadership, for the General Board of Higher Education, The United Methodist Church in Nashville, TN.</p> <p>Chaplain Bailey and his wife Karen have two children, Patrick, 31, and Matthew, 29.</p>	<p>Spiritual Resiliency: The Goal of spiritual resiliency training is to create leaders and disciples in our church who are aware of the importance of being spiritually fit and resilient individually, in their personal family life, and as religious leaders. Along with increased awareness, they will also become better able to balance the demands of their careers, families and personal lives. It can help in the moral and spiritual failure within our church leadership by keying in on issues and tools for strength. The classes entail 3 parts: overview of terms and understanding of relevancy, application to our lives, and helping others in their journey. (I've had extensive experience currently and in the past to various executive leaders, extended ministries, local pastors and lay leaders, and others.)</p>	<p>2</p>	<p>AV Cart</p>
<p>Ray Bailey 615 340-7334</p>	<p>c.ray.bailey77@gmail.com</p>		<p>The ministry of our armed forces chaplains: Today's Circuit Riders: From my 34 years as an Army chaplain, I share the ministry as a UM chaplain in this unique calling. I share the lifestyle and the world of our UM service members and families live in that the chaplain ministers to. Pluralism and ecumenicalism is the foundational cultural environment.</p>	<p>1</p>	<p>AV Cart</p>

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Ray Bailey 615 340-7334	c.ray.bailey77@gmail.com		Religious Diversity: What we can learn from other faiths: From my experiences and training as mentioned above, I share and discuss how we can understand, learn, and be better Christians as we understand the rich gifts of other faith traditions.	2	AV Cart
Ray Bailey 615 340-7334	c.ray.bailey77@gmail.com		David and Bathsheba: Faith and Leadership Failure: A class on looking the life of King David, and how he spiritually and morally fail as a leader and servant of God. Also, show how Bathsheba failed in her morals. A good class on how vulnerable we can become if we let our lives lose touch with our spiritual growth and solidarity with God.	1	AV Cart
Ray Bailey 615 340-7334	c.ray.bailey77@gmail.com		Crisis Ministry as a Christian Witness: It is through crises in our world where our Christian witness can be best shared. I explore how to identify times, find ways to help, and to grow that are opportune for us to change lives and open up the Christian witness.	2	AV Cart
Sharon Cox  615 371-8375	esharoncox@aol.com	<p>Sharon is a nurse by background and has been a Circuit Rider for the last several years. She enjoys facilitating discussions around personal balance and renewal as well as dealing with change and transitions. She uses humor and story-telling and often shares tips and tools that make her topics memorable.</p> <p>Sharon has her own consulting business, Cox and Associates, for the last 25 years in the field of organizational development and leadership training for healthcare. She is a nationally known speaker and author with an entertaining and thought provoking style. She and her husband Jim (who sings in the chancel choir) are active members of BUMC and in their semi-retirement enjoy golf and fly fishing. They have two grown children.</p>	Transitions: Dealing with Change from the Inside Out We all know that change is one of the few constants in life as we deal with non-stop change at work and any number of personal changes that life brings us. With all the external changes we face this program offers insight into an internal road map to better understand our psychological adjustment to change. Helping ourselves and others as we cope with the transitions involved in change is the focus for this two part program. Based on the work of William Bridges (Transitions: Making Sense of Life's Changes) tips are offered to let go of old patterns with a homework assignment between the two sessions.	2	Flip Chart
Sharon Cox 615 371-8375	esharoncox@aol.com		Renewal, Replenishing, and Refreshing the Spirit Within Given the stresses of life and the ease with which we all lose sight of our need for self care and balance this program offers practical ways to keep ourselves in a better place emotionally. Areas of discussion include spiritual disciplines, the healing power of nature, mindfulness and the importance of gratitude. The intent is to offer ideas for next day use and ways to sustain personal change.	1	Flip Chart


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<p>Dr. John Fite</p>  <p>615-337-6975</p>	<p>drjohnfite@gmail.com</p>	<p>I am a licensed counseling psychologist and have worked helping people particularly in the area of relationships. I have an extensive background in the area of addictions recovery and trauma but have also worked in a variety of settings with children, adolescents and adults doing therapy and testing.</p> <p>I have worked in hospitals, prisons, a chronic pain clinic, a biofeedback clinic and delivery therapy and testing for the public schools in most of the schools in Williamson County. In addition, I ran a sixteen bed halfway house for adolescent boys with addiction problems for six years. Half my work is with couples and the balance is with teenagers and their families and individuals with anxiety, depression or addiction.</p> <p>My wife and I live in Franklin and have been married thirty years with one son who is a researcher for Facebook. I have worked with the Counseling Center at Brentwood Methodist for eight years and consult with the clergy on the psychological needs of parishioners. I am a former professor and my goal is to offer education that is fun and relevant.</p>	<p>The topics presented on most frequently are those related to couples and communication, adolescents, trauma, and addictions intervention/recovery but other topic areas are possible. Examples include: The Psychology of Dignity, Taking Care of Each Other in Sickness and Health, Coming to Good Compromises, Divorce-proofing Your Marriage, How to Help Someone with a Substance Abuse Problem, How to Cope with Trauma, Coming to Good Compromises, How to Pick a Good Partner (for singles), How to Parent, Helping an Aging Parent, etc.</p>		
<p>John Gregory</p>  <p>615 804-5109</p>	<p>johnwillisgregory@gmail.com</p>	<p>My family is at least six generation Methodist. I have taught Sunday School classes for over 30 years. My father and mother were teachers and I have found teaching to be an excellent way for me to study the bible and explore various theological views along my faith journey.</p> <p>My wife ,Olivia, and I live in Franklin and enjoy worshipping at BUMC. My career is in banking and I work as an officer of Renasant Bank on West End Avenue in Nashville. Olivia and I are members of the Crossroads class.</p> <p>I ascribe to Wesley's quadrilateral: scripture, tradition, reason, and experience. I believe God is love and is best understood through the incarnation. The compassion of Jesus , his servanthood and ultimate sacrifice for all lead me as a disciple.</p> <p>"The grace of God means something like : Here is your life. You might never have been, but you are because the party wouldn't been complete without you." Frederick Buechner</p>	<p>God Isn't Angry (Seeking God)</p> <p>What is our understanding of God? What shaped it? Discussion of the Wesleyan view of creation, harmony, separation, redemption and restoration. Emphasis is on God's grace and love and the desire for relationship with all people. Drawing on scripture and the writings of Buechner , Rohr, Taylor, and Bell.</p>	<p>2</p>	<p>Flip Chart</p>



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John Gregory 615 804-5109	johnwillisgregory@gmail.com		<p>Down to Earth "Down To Earth" is an Abingdon offering consisting of four lessons with a video presentation for each one. United Methodist pastors, Mike Slaughter and Rachel Billups, lead this study. While this study is intended for Advent, I believe that it is an excellent look at the incarnation and suitable for presentation at any time.</p> <p>The focus is for us to respond to the greatest miracle with down to earth love, humility, lifestyle, and obedience.</p>	4	Flip Chart or White Board
John Gregory 615 804-5109	johnwillisgregory@gmail.com		<p>The Beatitudes This is a lesson on the beatitudes from Dr. Charles Allen's, God's Psychiatry. Dr. Allen's insightful commentary will be used in presenting these important and well known teachings of Jesus.</p>	1	Flip Chart or White Board
John Gregory 615 804-5109	johnwillisgregory@gmail.com		<p>Ephesians A study of St Paul's letters to the Ephesians. Emphasis will be an in depth study on the Apostle Paul's two well known prayers found in Ephesians.</p>	2	Flip Chart or White Board
John Gregory 615 804-5109	johnwillisgregory@gmail.com		<p>Philippians and Colossians A study of St Paul's letters to the Philippians and the Colossians. An in depth look at the overall intent, purpose and theological point of each letter. The historical background and context is reviewed. How do these letters have meaning for present day disciples of Christ?</p>	2	Flip Chart or White Board
John Gregory 615 804-5109	johnwillisgregory@gmail.com		<p>Mercy and Grace What is the difference in mercy and grace? This lesson will explore the scriptures that speak to God's mercy and grace. There will be explanations from the theologians including the thoughts of John Wesley. This topic has invoked a lot of discussion from class members.</p>	1	Flip Chart or White Board
John Gregory 615 804-5109	johnwillisgregory@gmail.com		<p>The Trinity God has often presented and understood as a far off and static monarch. The Trinity has been represented as a triangle with one member superior to the other. What if the representation was that of a circle of dynamic and participatory flow? The earliest church father called it periochosis or "divine circle dance". This lesson will draw on Fr. Richard Rohr's The Divine Dance.</p>	1	Flip Chart or White Board



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John Gregory 615 804-5109	johnwillisgregory@gmail.com		Easter Series God Is With Us - A study of Psalm 22. "My God,my God why have you forsaken me?" (verse 1). This verse transactions to "...you have rescued me." God is with us even in the direst of circumstances. What does God require of us? A broken spirit and contrite heart are the key according to the psalmist. Micah says we must do justice, love mercy and to walk humbly with God. Sacrifice and the Easter Message - A study of Jesus' rebuke of the money changers and temple hierarchy. A hsitorial look at sacrifice to appease the pagan gods. The Hebrew practice of sacrifice is reviewed. The particular passage of John 2:13-22 is analyzed with a surprising commentary.	2	White Board and Markers
John Gregory 615 804-5109	johnwillisgregory@gmail.com		Letters to God from South Africa This is a summary and discussion of universal questions asked by the children of the BUMC sponosored Tembelihie Primary School, Angel Care Centre, and Brentwood Society Church in Howick, South Africa. An example of these questions is "Why do we have to suffer?" I found their questions to be universal. This lesson will be a discussion of several of these questions.	1 - 2	AV Cart, whiteboard
John Gregory 615 804-5109	johnwillisgregory@gmail.com		The affordable housing crisis in Nashville and the Christian response. I have been asked by several classes to develop a lesson on our affordable housing crisis. This is an issue that I have worked on helping solve for over twetny five years as a volunteer with Urban Housing Solutions. I will provide the current status of housing affordability, efforts to alleviate the problem and the Chrisitan response.		AV Cart
John Gregory 615 804-5109	johnwillisgregory@gmail.com		Telling The Good News (Our Witness) We each have a story to tell of our faith journey. What is it? How do we fulfill our commitment to witness? Discussion of how we discover God in the ordinary and relate our story to others. Will use examples of biblical witnesses and encourage the class to participate with examples of their own.	1	Flip Chart
John Gregory 615 804-5109	johnwillisgregory@gmail.com		The Lord's Prayer (From Charles Allen's best seller,"God's Psychiatry ") How is Jesus' teaching of this model prayer for his disciples relevant for today? Each line of the prayer with Dr. Allen's interpretation will be presented. This will an excellent opportunity to take a deeper dive into Jesus' suggestion of a prayer methodology.	1	Flip Chart


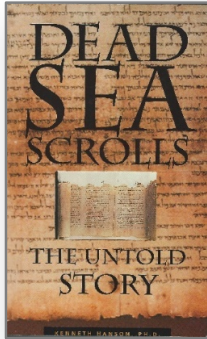
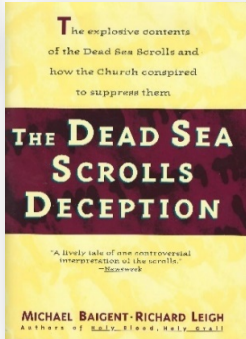
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Brandon Hulette 615 591-3133	rbhulette@gmail.com		The Lord's Prayer	4 - 5	
Brandon Hulette 615 591-3133	rbhulette@gmail.com		By Water and the Spirit (Baptism)	3 - 4	
Brandon Hulette 615 591-3133	rbhulette@gmail.com		This Holy Mystery (Methodism Communion)	3 - 4	
<p data-bbox="149 540 295 568">Al McCree</p>  <p data-bbox="108 856 341 923">615 460-7000 (o) 615 243-0965 (m)</p>	al@almccree.com	<p data-bbox="832 540 1522 568">Al McCree is a long time Sunday School Circuit Rider.</p> <p data-bbox="832 610 1609 816">Al is the CEO and Owner of Musical Concepts Inc. and the Comedy with Class Network. In that role, he is an artist manager, concert promoter and content distributor. He is also a retired Air Force fighter pilot. He is a graduate of the US Air Force Academy and has a Masters in Systems Management from St. Mary's University in San Antonio.</p> <p data-bbox="832 856 1591 923">He is married to Peg, an Assistant Professor at MTSU. They have two adult children and two grandchildren.</p> <p data-bbox="832 963 1538 1064">In 2003, Al founded the Madrick Ministry. Madrich is the Hebrew word for Study Leader. In 2008, the name was changed to the Sunday School Circuit Riders.</p> <p data-bbox="832 1104 1585 1205">Al's mission is to facilitate the spiritual growth of others. His programs are always discussion based and thought provoking. He typically includes music in his facilitations.</p>	Celebrating Your Natural Gifts How to achieve personal and professional satisfaction by using inborn aptitudes	1	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		The Christian Response to the Addiction Epidemic Lately the news has been full of the opioid crisis in Tennessee and across the nation. This is a problem that touches us directly at BUMC. Addiction is a disease that affects many of our members and their families. This series provides an overview of the problem and features outside experts on the many issues and how, as Christians, we can begin to deal it. To schedule this series for your class, contact Al McCree, Sunday School Circuit Rider, al@almccree.com or call 615-460-7000. Teachers: Al McCree & Shannon Garrett	3 - 4	AV – TV or Projector

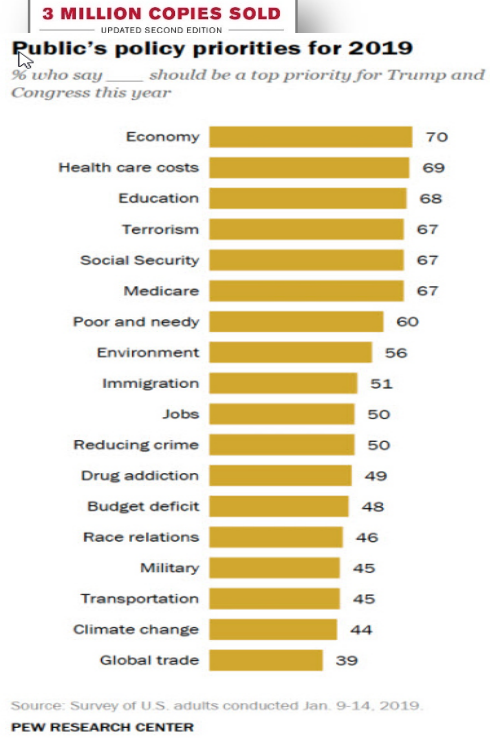
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Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>The Refugee Crisis and the BUMC Refuge Ministry This is a 4 week series. Each lesson is a stand alone session that does not necessarily need to be in sequence. There are multiple presenters including a presentation of the BUMC's involvement with Legacy Mission. Presenters include John Frame, Randy Hartley, David Ssebulime and Al McCree.</p> <p>The Refuge Ministry is a vital new Ministry for BUMC. Please contact Al McCree to schedule these classes.</p> <p>1. The Refuge Crisis - John Frame or Al McCree 2. The Legacy Mission Ministry - Randy Hartley 3. The BUMC Refuge Ministry - John Frame or David Ssebulime 4. The Salome Ministry</p> <p>Related presentations that are not part of the series: The Persecuted Church - John Frame Immigration and the Role of the Church - Al McCree</p>	4	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Forgiveness Perhaps the hardest thing we are called to do as Christians</p>	1	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Giving / Tithing A new look at an old topic</p>	1	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Making Good Decisions Practical methods to improve personal, professional and spirual decisions</p>	1	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Ecclesiastes An in depth study of one of the intriguing books of the Bible</p>	3	Bibles
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Homosexuality and Christianity Learn about and discuss one of the most devisive issues in Christianity today</p>	3	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Politics and Religion Where does the Methodist Church stand on political issues?</p>	3	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Sex and the Bible There is lots about sex in the Bible. If we can't talk about in Sunday School, where can we?</p>	4	Bibles
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		<p>Social Principles of the UMC Where does the Church stand on many comtemporany issues from the environment to abortion?</p>	6	

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Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		The Book <i>With, Reimagining the Way You Relate to God.</i> An in depth look at our true relationship with God	4 - 5	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		The 7 Experiment Teaming with Amy Coggins - A beautiful and challenging Lenten study	7	
Al McCree 615 460-7000 (o) 615 243-0965 (m)	al@almccree.com		Witnessing: How To.... How to witness and not be embarrassed about it.	1	
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Peg McCree</div>  <div style="border: 1px solid black; padding: 2px; display: inline-block;">615 243-0964</div>	Peg.McCree@gmail.com	Peg McCree has been a member of BUMC for 30 years. She taught at MTSU for 18 years before retiring in 2018. She is married to Al McCree. They have two grown children and two grandchildren.	The Road to Ordination for Women in the Methodist Church Week 1 - This lesson highlights some of the significant events between 1730 and 1956 and some of the women who made the 172 - year journey to ordination within the church possible. Week 2 - In this session, we will examine the significant contributions of various female clergy within the church, from 1956 to the present.	2	AV Cart, Mac adapter
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Peg McCree</div> 615 243-0964	Peg.McCree@gmail.com		Women in Mission in the United Methodist Church Many of the early missionaries in our church were women who made a lasting impact, not only in far off countries where they were sent to serve, but also here at home. This presentation focuses on a few of the early female missionaries and their specific contributions to making disciples for Christ.	1	AV Cart, Mac adapter
<div style="border: 1px solid black; padding: 2px; display: inline-block;">Peg McCree</div>	Peg.McCree@gmail.com		Worldwide Religious Persecution Week 1 – This lesson focuses on religious persecution of all peoples of faith, including Christians, Muslims, Hindus, Buddhists, and Jews. Where and why persecution occurs and the two types of persecution (governmental and social) will be discussed and examples will be provided. Week 2 – This lesson will focus on specific religious sects that have suffered religious persecution. The information for both presentations is based on information gathered from numerous sources, included The Pew Research Center, the U.S. State Department, The U.S. Commission on International Religious Freedom, the United Nations, and the Human Rights Commission.	2	AV Cart, Mac adapter

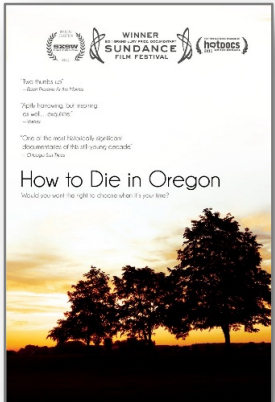
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<p>Joe Malone</p>  <p>615 595-6308</p>	<p>ulifeprep@gmail.com</p>	<p>Joe Malone holds a Ph.D. in Health and Human Performance with a minor in neuropsychology and a specialization in relational wellness. He has taught for many years at Middle Tennessee State University and guest lectured at Vanderbilt University. Dr. Malone served on the Centers for Disease Control Initiative for STD Prevention for the state of Tennessee. He is also a co-author of the new book Battles of the Sexes. Joe is the former Chair of the Nashville Community Health and Wellness Team and the current Topic Network Chair for Health Promotion for The Society for the Study of Emerging Adulthood http://ssea.org/. He and his family first created a Christian-based wellness program for BUMC back in 1999.</p> <p>Joe has had the honor of working with young adults on their well-being for over 25 years. In his teaching, Dr. Malone has employed a background of varied life experiences which include Division I football coach and player, fitness professional, and celebrity trainer as well as professional modeling.</p> <p>He has personally made use of the research, insights, and experience that inspired Battles of the Sexes and has had his SEX IQ raised to improve, preserve, and protect his over-40-year marriage to his wife, Jody. Dr. Malone and Jody make their home near their children and grandchildren in Franklin, TN.</p>	<p>CHRISTIAN SEX IQ: Smarter Sexuality through Understanding Human Sexual Nature</p> <p>CHRISTIAN SEX IQ takes a scripturally and scientifically-based look at relationships between adult females and males and gives them insight into how and why sex differences have developed and their profound effects on their entire lives. It helps men and women understand their own sexual nature and that of the opposite sex and develop sexual empathy for them. It gives discernment into the mismatch both sexes have to endure between our rapidly changing culture and our inherited nature and the resulting battles both have to fight. Its goal is to raise SEX IQ in order to lower sexual conflict and empower long-term romantic love.</p> <p>Dr. Malone examines related scriptures and the underlying brain chemistry and physiology as well as sociology and psychology in an attempt to help both males and females gain deep insights into the drives that fuel many of their relationship decisions. Healthy relationships are crucial to living a great Christian life and understanding yourself and others better biologically can help greatly clarify what you are looking for from somebody else in relationships. This Circuit Rider lesson may be particularly important for classes with parents of young children, middle schoolers, high schoolers and even college students.</p>	<p>3</p>	<p>Laptop, Multimedia Cart</p>
<p>Mark Morrell</p>  <p>615 419-1235</p>	<p>markmorrell@gmail.com</p>	<p>Mark Morrell and his wife, Rachel, have four children. They live in Franklin, where Rachel is a graduate of Franklin High School. An Indiana native, Mark is licensed to practice law in four jurisdictions (Tennessee, Virginia, Indiana and D.C.) and is Assistant General Counsel at Tenet Healthcare, a large, investor-owned healthcare company. Past experience includes teaching law school classes, academic administration, clerking with the Virginia Supreme Court and the federal Fourth Circuit Court of Appeals, and working in private practice. As an in-house lawyer, his client is the company. His role is to conduct internal investigations within the company and provide legal counsel to the compliance department. Mark enjoys reading and listening to books, performing choral music (former member of the Vanderbilt Community Chorus), and following Indiana sports teams.</p>	<p>Ten Ways to Love</p> <p>"Ten Ways to Love" is a survey of the Ten Commandments, taught by a practicing lawyer. The goal of the class is to review the historical context of the Ten Commandments and to consider how these commandments offer ten ways to love rather than simply ten more rules to follow. Each commandment becomes an umbrella for broader principles that are repeated throughout scripture. The class also discusses applicability of the Ten Commandments in the New Testament and how they still are relevant today.</p>	<p>1 - 4</p>	<p>None</p>

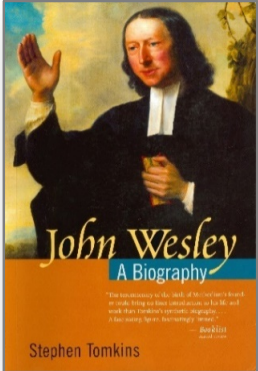

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<p>Monicah Muhomba</p>  <p>615 727-4229</p>	<p>mmuho40@icloud.com</p>	<p>Dr. Monicah Muhomba is a Licensed Psychologist and Training Director at Vanderbilt University Psychological & Counseling Center. She is also Assistant Professor of Clinical Psychiatry at Vanderbilt University Medical Center. She is originally from Zimbabwe, Africa. Monicah has a passion for teaching that is drawn from her background in both Psychology and Theology; she obtained a PhD in Counseling Psychology from the University of Kentucky and a Masters Degree in Counseling from Asbury Theological Seminary, in Kentucky.</p>	<p>Mindfulness and Spirituality</p> <ul style="list-style-type: none"> • A closer look at examples in scriptures and the practice of Mindfulness • Discussing the "What" and "How" of mindfulness practice • How Christians can use Mindfulness practice to connect more with others, themselves and with God • Contemplative prayer as a form of Mindfulness practice • Loving Kindness and Compassion based practices 	<p>3</p>	<p>Easel</p>
<p>Monicah Muhomba</p> <p>615 727-4229</p>	<p>mmuho40@icloud.com</p>		<p>Becoming A More Forgiving Christian</p> <ul style="list-style-type: none"> • A discussion of Scriptures related to Forgiveness in the Old & New Testament- Jesus' messages about forgiveness Working definitions of forgiveness and the Process of forgiveness • A look at research on Forgiveness • Types of forgiveness • Barriers to Forgiveness • Benefits of Forgiveness • Differences and similarities between Forgiveness of Self vs. forgiveness of others 	<p>3</p>	<p>Easel</p>
<p>Monicah Muhomba</p> <p>615 727-4229</p>	<p>mmuho40@icloud.com</p>		<p>Prayer and Faith Journey</p> <ul style="list-style-type: none"> • A look at What the scriptures say about Prayer and faith • John Wesley on Prayer as the "most important Means of Grace" • Discussion of writings on prayer by such authors and Richard Rohr and Marjorie Thompson • Prayer as a form of Mindfulness • Leading a prayerful life in a distracting world 	<p>3</p>	<p>Easel</p>
<p>Bishop Joe Pennel</p>  <p>615 651-8995</p>	<p>jdpenne@comcast.net</p>		<p>The Gift of Presence and Ministry with the Aging (older adults)</p>	<p>4</p>	
<p>Bishop Joe Pennel</p> <p>615 651-8995</p>	<p>jdpenne@comcast.net</p>		<p>Practicing the Christian Spiritual Disciplines</p>		
<p>Bishop Joe Pennel</p> <p>615 651-8995</p>	<p>jdpenne@comcast.net</p>		<p>The God of Jesus in the Gospel of Luke</p>		


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<p>Steve Schaffer</p>  <p>615 332-4205</p>	<p>s1548@hotmail.com</p>	<p>Steve maintains a focus on examining how contemporary social issues sometimes compete with our Christian faith.</p> <p>The son of an Episcopal minister who was deeply engaged in the civil rights movement marching with Martin Luther King, Steve grew up heavily influenced by his father's passion for social justice, helping the disenfranchised, and working on behalf of the poor.</p> <p>For nearly 9 years Steve has mentored death row prisoners at the Riverbend Maximum Security Prison. His willingness to carefully approach 'hot-button' contemporary issues is one of his gifts and talents.</p> <p>Steve's professional experience comes from nearly 30 years as a studio musician (over 8,000 record albums) and producer, and his nearly 20 years in corporate / enterprise healthcare technology retiring from his position as Sr. Project Manager Enterprise Infrastructure.</p>	<p>Confronting the Controversies AdamHamilton's series - Biblical perspectives on tough issues:</p> <ul style="list-style-type: none"> • The Death Penalty • Creation and Evolution in Public Schools • Euthanasia • Prayer in Public Schools • Abortion • Homosexuality 	<p>1 - 6</p>	<p>LCD Projector / Screen (I can bring my own)</p>
<p>Steve Schaffer 615 332-4205</p>	<p>s1548@hotmail.com</p>	<p>Based upon the following two books:</p>  	<p>The Dead Sea Scrolls Christianity as you and I know it and were taught did NOT come from James, John and Peter in Jerusalem. The scrolls reveal an entirely new story! There was the discovery... There was intrigue and deception... There was war... There is a treasure list... There were revelations... A fascinating look at what was contained in the scrolls and what they mean to us today. Their importance cannot be underestimated. Controversies and misunderstanding continue even 70 years after their discovery! This study is based upon two very popular books on the topic: Kenneth Hanson's The Dead Sea Scrolls - the Untold Story, and Baigent and Leigh's The Dead Sea Scrolls Deception. The scrolls simultaneously affirm, reveal, and challenge us to broaden our concepts of Jesus, John the Baptist, St. Paul, and others, and so much of the scrolls' content is validated by historians of the time like Pliny and Josephus. This study ties together the Essenes, Hasidics, Sadducees, Pharisees, Zealots, Masada and so much of what was happening in a short 300 year time period. We were never taught what the scrolls revealed.</p>	<p>2</p>	<p>Multi-media Presentation and Discussion</p>



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Steve Schaffer 615 332-4205	s1548@hotmail.com	 <p>3 MILLION COPIES SOLD <small>UPDATED SECOND EDITION</small> Public's policy priorities for 2019 <i>% who say ____ should be a top priority for Trump and Congress this year</i></p> <table border="1"> <tr><td>Economy</td><td>70</td></tr> <tr><td>Health care costs</td><td>69</td></tr> <tr><td>Education</td><td>68</td></tr> <tr><td>Terrorism</td><td>67</td></tr> <tr><td>Social Security</td><td>67</td></tr> <tr><td>Medicare</td><td>67</td></tr> <tr><td>Poor and needy</td><td>60</td></tr> <tr><td>Environment</td><td>56</td></tr> <tr><td>Immigration</td><td>51</td></tr> <tr><td>Jobs</td><td>50</td></tr> <tr><td>Reducing crime</td><td>50</td></tr> <tr><td>Drug addiction</td><td>49</td></tr> <tr><td>Budget deficit</td><td>48</td></tr> <tr><td>Race relations</td><td>46</td></tr> <tr><td>Military</td><td>45</td></tr> <tr><td>Transportation</td><td>45</td></tr> <tr><td>Climate change</td><td>44</td></tr> <tr><td>Global trade</td><td>39</td></tr> </table> <p><small>Source: Survey of U.S. adults conducted Jan. 9-14, 2019. PEW RESEARCH CENTER</small></p>	Economy	70	Health care costs	69	Education	68	Terrorism	67	Social Security	67	Medicare	67	Poor and needy	60	Environment	56	Immigration	51	Jobs	50	Reducing crime	50	Drug addiction	49	Budget deficit	48	Race relations	46	Military	45	Transportation	45	Climate change	44	Global trade	39	<p>Our 21st Century Great Commission According to PEW Research, one of the most trusted entities of its kind worldwide, Americans ranked their concerns in January 2019.</p> <p>Each and every concern has a direct tie to values, ethics, and virtues Jesus taught. Don't believe it? Prepare to engage in a discussion on any one of these issues and see for yourself how mandatory it is that we never ever separate politics and social issues from our core spiritual values.</p>		Multi-media Presentation and Discussion
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Steve Schaffer 615 332-4205	s1548@hotmail.com	<p>NOTE: This presentation was developed by Steve with the help and supervision of Dr. Osama Bahloul, Imam of the Islamic Center of Nashville on 12th Ave South.</p> <p>Learn how our faith and theirs are far more similar than you might imagine.</p> <p>Meet and chat with a Muslim couple.</p> <p>Get answers to all your questions on Islam.</p>	<p>Understanding Islam</p> <ul style="list-style-type: none"> • How did Islam start? Who was Muhammad? • The great Islamic split and its effects today • More similarities than differences with Christianity • Politics, Poverty, and Terrorism • Muslims in America and abroad today <p>This deeper dive reveals aspects of Muslims and Islam that you won't see on the news. Christ mandates that, next to loving God, we are to love our neighbors as ourselves. Let's take a courageous look together at this rapidly growing religious force whose numbers (currently 1.8 billion) are predicted to exceed that of Christians on our planet by the year 2070.</p>	3	Multi-media Presentation and Discussion																																				

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Steve Schaffer 615 332-4205	s1548@hotmail.com		<p>New Challenges Jesus Never Faced --- Collisions of Technology, Morality, and Faith --- Taking a look at questions never before raised in human history that we must now face, and Jesus never did. How do we cope? To even begin our search for answers, we must first gather facts, evaluate, and make moral decisions (hopefully) based upon a framework of logic, religion and our faith. Jesus never knew....</p> <ul style="list-style-type: none"> • Splitting the Atom • Genetically Modified Organisms (designer babies?) • Patenting genes – Literal ownership of lifeforms • Ransoming lifesaving drugs and medicines • Environmental Disaster (e.g. Climate Change) <p>...and countless others. Jesus would want us to courageously and prayerfully consider such questions. This class is about preparing ourselves and opening up spiritually to understand choices we will face that humanity has never before seen.</p>	1	Multi-media Presentation and Discussion
Steve Schaffer 615 332-4205	s1548@hotmail.com		<p>'Wonder Women' of the Bible Take a closer look into the lives and impact of 5 Old Testament women and 5 New Testament women – putting them in context of the times, showing the risks they faced, their faith and courage, and why they are important to us today.</p>	2	Multi-media Presentation and Discussion
Steve Schaffer 615 332-4205	s1548@hotmail.com		<p>Understanding Hinduism & Buddhism Compared to Christianity, these may appear mysterious or bizarre on the surface, but under closer scrutiny, they somehow begin to look strangely familiar. Let's look under the hood at some of the differences and the even stranger similarities between these and Christianity. This can be a real eye opener!</p>		Multi-media Presentation and Discussion


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Steve Schaffer 615 332-4205	s1548@hotmail.com		<p>What 'they' Believe Taking a brief look at other primarily Christian religious communities and denominations in America may help in understanding both our uniqueness and commonalities to bridge gaps. Ever wonder what these people believe?</p> <ul style="list-style-type: none"> • Catholic • Eastern Orthodox • Episcopal • Presbyterian • Lutheran • Methodist • African Methodist Episcopal • Assemblies of God • Church of Christ • Christian Scientists • Church of God • Jehovah's Witnesses • Mormon • Baptist • Seventh-Day Adventist • Unitarian / Universalist • Scientology <p>A key to Jesus' command that we love our neighbor is first to understand our neighbor.</p>	2 - 3	Multi-media Presentation and Discussion
Steve Schaffer 615 332-4205	s1548@hotmail.com	<p>Based upon the acclaimed documentary film:</p> 	<p>The Right to Die – Death With Dignity Suddenly it's a hot button issue across America with 'Baby Boomers' in their later years and new legal questions arise.</p> <ul style="list-style-type: none"> • What does our Book of Discipline say? • Is this suicide, or is it surrendering life back to God? • What is happening elsewhere in our country? • What if you had to face this decision with a loved one? <p>There exists a growing public awareness in America that some individuals with terminal conditions experience unfathomable pain and exorbitant financial burdens to their families. Some would choose an alternative to their own prolonged natural death. Any of us may be faced one day with considering such an option. This is a challenging look to understand both practical and spiritual realities.</p>	1	Discussion

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Steve Schaffer 615 332-4205	s1548@hotmail.com		The Sin of Mixing Politics and Religion It is often said that two things that should never be discussed at dinner are politics and religion. Jesus might argue the opposite that our politics should be led by the illumination of his teachings. Can we gather the courage to politely broach this topic together? <ul style="list-style-type: none"> • Should Politics and Religion be kept separate? • How does separation of church and state apply? • What is the Church's role? Not to politically persuade one way or another, but to raise awareness of where we might seek guidance, patience, common ground and civility by engaging in prayerful discourse in an increasingly divided world.	1	Discussion
Steve Schaffer 615 332-4205	s1548@hotmail.com	Based upon the following the biography: 	The Life and Times of John Wesley <ul style="list-style-type: none"> • John Wesley had doubts...as well as conviction • What was going on in the church at that time? • How did his family relationships shape his life? • How his spirituality sometimes ruined relationships • His real-life story shows how an ordinary man suffered amazing rejection but managed to change the world. Based upon the popular biography by Stephen Tomkins, you won't believe how much he was like us. Wesley had his 'issues', but he had vision and courage that you won't believe! This is not a theological series - it's a real life story you'll find fascinating.	3	Multi-media Presentation and Discussion
Steve Schaffer 615 332-4205	s1548@hotmail.com		Various Topics by Request Have a controversial topic you would like to discuss in your class in civil and Christian way...?		
Kathy Sherrod  615 351-4410	ksherrod@comcast.net	Kathryn B. Sherrod, PhD, earned her degree in 1972. She is a licensed clinical psychologist. In her 40-year career, she has published 23 articles, written books, and taught several graduate courses in psychology. She has lectured on various topics and has provided consultation to various groups. She works with individuals, couples, and families, helping them improve their patterns of communication in relationships	I wrote this 12-week study after attending various 12-step programs with clients. Every time I went to a 12-step program, I learned something. I wanted to share the 12 steps with Christians who would probably not attend a 12-step program because they do not have a problem with alcohol or any other specific addiction. In my view, all of us Christians are addicted to being human, which means that we continue to make questionable choices. Sometimes we just drift rather than intentionally making choices at all. A 12 step program is about us learning to look at ourselves in the mirror. While viewing ourselves in the mirror, we have an opportunity to notice what we see without assigning shame or blame. If we are straightforward about who we really are, we are more likely to make the changes we want to make. For many people, working through the 12 steps allows us to walk down pathway to peace and to develop a clearer connection to God.	12	

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<p>Rev. Shelby Slowey</p>  <p>615 324-8205</p>	<p>sslowey@bumc.net</p>	<p>BUMC's Director of Evangelism, Shelby grew up in Texas, and received her B.A. in English from Lambuth University. She has her M.Div from Vanderbilt Divinity School. Shelby is passionate about equipping disciples to live faith filled public lives for Christ and the gospel.</p> <p>Shelby is married to Stephan and they have two children, Scarlett and Phinn.</p>	<p>Spirituality in Dementia Care Explores ways to be inclusive of this unique demographic of folks in spiritual settings</p>	<p>1</p>	<p>TV or Projector and Screen for PowerPoint</p>
<p>Rev. Shelby Slowey 615 324-8205</p>	<p>sslowey@bumc.net</p>		<p>Play Theory in Dementia Care Explores the positive impact play can have on persons experiencing dementia, as well as practical techniques for spiritual caregivers</p>	<p>1</p>	<p>TV or Projector and Screen for PowerPoint</p>
<p>Rev. Shelby Slowey 615 324-8205</p>	<p>sslowey@bumc.net</p>		<p>Hospital Visitation How to make a hospital visit as a faith community representative</p>	<p>1</p>	<p>TV or Projector and Screen for PowerPoint</p>
<p>Rev. Shelby Slowey 615 324-8205</p>	<p>sslowey@bumc.net</p>		<p>Hearing the Cries: Confronting poverty in the Gospel of Matthew Explores the five theological dimensions of poverty and practical Christian responses</p>	<p>4</p>	<p>TV or Projector and Screen for PowerPoint</p>
<p>Rev. Shelby Slowey 615 324-8205</p>	<p>sslowey@bumc.net</p>		<p>Topics of interest and experience for me that I could easily prepare lessons on include, <u>end-of-life spirituality and care</u>, <u>caregiver support</u>, <u>play theory</u>, and anything on the <u>Gospel of John</u>.</p>		

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<p>Dan Spatz</p>  <p>615 972-2843</p>	<p>daniel.spatz@gmail.com</p>	<p>Dan's entire career has been invested in various forms of feeding people. It has been a journey with twists and turns. After initially feeding needy populations through work at Catholic Relief Services, Dan turned to building new markets for chocolate and pet food for the Mars Corporation in Russia.</p> <p>Along that route, God intervened with knowledge and wisdom about the nutritional and healing purpose of food in our lives. This inspired a parallel journey converting his wife, three children and other family members onto a plant based diet.</p> <p>With understanding growing about the risks and traps involved in our "modern" food culture and systems, Dan and his wife, Nadia, purchased a culinary herb farm near Nashville in 2012. The mission at Healthy Flavors is to "spread the word" about naturally and nutritiously flavoring foods vs. overusing salt, fat and sugar as practiced today.</p> <p>In 2013, the family began attending BUMC, which imbued understanding, inspired discipline and increased investment in Christian values and practices. Dan began to develop a framework for interpreting the Christian experience and articulating a new vision of how health and nutrition could be applied to strengthen the Body of Christ.</p> <p>These roads – winding through charity, commercial enterprise, farming, faith and family – along with a passion for helping people improve their lives, give Dan broad perspective and many experiences to share in raising awareness about the future of health and wellness in our society.</p>	<p>Christian Wellness at Brentwood United Methodist Church</p> <p><i>Purpose</i> : strengthen the discipleship potential of the BUMC congregation by bringing a Kingdom inspired approach to health and wellness in this world.</p> <p><i>Principles</i> : let God heal let Christ inspire let the Holy Spirit lead.</p> <p><i>Objectives</i> : raise awareness of the ancient wisdom and modern science related to achieving and maintaining optimum health and wellness provide a Christian biblical and spiritual foundation for focusing on health optimization make change practical, achievable, accessible and fun (!) for those interested</p>	<p>4</p>	<p>TV or Projector and Screen for PowerPoint</p>
<p>Todd W. Van Beck</p>  <p>404 909-1829</p>	<p>toddvanbeck@gmail.com</p>	<p>Todd W. Van Beck has been in funeral service and bereavement care, and church lay ministry for 50 years. He is an author and speaker on a wide variety of topics ranging from funeral customs and practices, burial and cremation history and trends, to operation business practices, and the psychology of grief. Todd holds an honorary Doctorate Degree from the Commonwealth Institute of Funeral Service, a Master's Degree in religion from Mt. Mercy Univ., and a professional diploma in Funeral Service Arts and Sciences from the New England Institute, Boston.</p>	<p>"What Do Rituals Accomplish?"</p> <p>We live in a time where the very purpose and meaning of rituals is in a type of crisis. The famous thinker Eric Erickson said "Without participation in rituals or the appropriation of the elements which it mediates, the human person faces psychological conflict, personality impairment, and estrangement from the inner self and outer society. Neither individuals nor communities can survive psychologically without ritual." This lesson will explore the meaning, purpose and significance of rituals. Rituals are indeed one major method that Christianity conveys its message.</p>	<p>1</p>	

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Todd W. Van Beck 404 909-1829	toddvanbeck@gmail.com		<p>“THE FOUNDER OF HOSPICE: DAME CICELY MARY STRODE SAUNDERS, M.D.”</p> <p>Most everyone has heard of the Hospice movement. However there are just as many, even people who work in the Hospice world, who have never heard of the person who launched this world-wide movement: Dr. Cicely Saunders.</p> <p>This lesson will cover the remarkable journey both spiritual and political that Dr. Saunders embarked on in the mid 1960’s pursuing what she dubbed “the good death.”</p> <p>The contents of this lesson provide the attendee’s with an inspirational story about faith, courage and perseverance. At the end of her life Dr. Saunders was quoted as saying “I didn’t find Hospice, Hospice found me.”</p>	2	
Todd W. Van Beck 404 909-1829	toddvanbeck@gmail.com		<p>"The Explosion of Christianity"</p> <p>In the first four Christian centuries the religions of the Roman Empire came under assault by those proposing a new faith, declaring that only the worship of the God of Jesus could be considered the true religion. This lesson presents that fascinating account of how approximately 20 first Christians and their mission to take the Great Commission of Jesus Christ very seriously resulted in a mere four centuries later of a Christian population of approximately 45 million human beings. The lesson begins with the Great Commission, explore the missionary journeys of Paul, the conversion of Constantine, and ends by presenting 10 practical common sense reasons why Christianity got such a foothold on the human race.</p>	1	
Todd W. Van Beck 404 909-1829	toddvanbeck@gmail.com		<p>“THE LIFE, THOUGHT AND MINISTRY OF DR. ALBERT SCHWEITZER”</p> <p>Musician, theologian and physician, Albert Schweitzer was above all, a true humanitarian. The overarching principle that guided him was ‘reverence for life’, a philosophy that took him to the jungles of Africa, where he healed many and touched the lives of millions worldwide.</p> <p>This program offers the attendee’s a journey into the spiritual and missionary life and work of life this remarkable human being. The lessons will offer information on Dr. Schweitzer’s academic background, his abrupt decision to leave academia and venture into the Congo to start a missionary hospital.</p>	3	

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<p>Andy Voyles</p>  <p>615 584-1057</p>	<p>a_voyles@msn.com</p>	<p>Andy Voyles has been a member of BUMC since 2004. Andy has been serving the banking and mortgage lending industry since 1997. He is currently a SVP for Bank of England based out of Little Rock, AR. A resident of Franklin, Andy is married to Gretchen Voyles (who works for the BUMC children's ministry). They have three children together, Ella, Alli, and Lucas.</p> <p>Andy has served as an elected member of BUMC's Church Council and Staff parish Relations Committee. He is a regular volunteer for the BUMC student ministry and has served as an Andrew Ministry team leader since 2007. Andy has helped lead small group discussions and teach Sunday School since 2010. He enjoys leading group discussions that offer practical application of spiritual disciplines. Andy has an avid interest in the history and formation of the Christian Church.</p>	<p>Christianity and World Religions Adam Hamilton Study - Explores Christianity, Judaism, Hinduism, Buddhism, and Islam; exploring commonalities and unique differences. This is a combination of video, lecture, and group discussion.</p>	<p>6</p>	<p>DVD</p>
<p>Andy Voyles 615 584-1057</p>	<p>a_voyles@msn.com</p>		<p>The Call Adam Hamilton Study - An in-depth study of Paul and his journeys; exploring his fascinating trials, tribulations, and evangelical spirit. These lessons explore the beginning of Christianity and take a deep dive into the book of Acts. This is a combination of video, lecture, and group discussion.</p>	<p>6</p>	<p>DVD</p>
<p>Andy Voyles 615 584-1057</p>	<p>a_voyles@msn.com</p>		<p>Protestant Reformation A 6-8 week study focused on the most significant leaders of the reformation and separation from the early Roman Catholic Church. We will study significant leaders of the reformation such as Huss, Wycliff, Luther, Sattler, Zwingli, Calvin, and Tyndale. This is a text, lecture, and video series that provides a deep dive into the events that helped create the religious freedoms we experience today.</p>	<p>6 - 8</p>	<p>DVD</p>
	<p>a_voyles@msn.com</p>		<p>Christianity in Colonial America Discover how Christianity evolved in the original US colonies. This session will explore the 16th-18th centuries while examining influential leaders and the formation of religious tolerances. This session will start with an in-depth look at the Jamestown settlement and also explore following church movements: Anglican, Catholicism, Puritan, Pilgrims, Quaker, Witchcraft, and early Baptist.</p>	<p>3</p>	<p>A/V cart for Powerpoint</p>

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Andy Voyles 615 584-1057	a_voyles@msn.com		Cults or Denominations? This is a study that looks at the definition of cults versus denominations. In the US there were significant religious events that transpired from the early 19th century. Some studies show there are over 40,000 active denominations. But, are they denominations of the Christian faith, or are they cults? How do you tell the difference? This study provides a brief level of understanding regarding other religious sects, triggering a rigorous discussion and debate of what is acceptable and what is not. This study can be one or two lessons or a series covering three to six weeks.	1 - 6	
Andy Voyles 615 584-1057	a_voyles@msn.com		History of the World Christian Movement This is a 6 week study covering the formation of Christianity from Paul's death to the Protestant Reformation. We will explore how war, politics, religious customs, trade routes, commerce, social acceptance, and language barriers helped form the early Church. This is a historical and geographical based study, taught by powerpoint (110 pages) and complimented with some quick videos. Some highlights of the series includes the following: <ul style="list-style-type: none"> • Roman leadership and the acceptance of Judaism and the early Christian Church • Roman Emperors • Catholic Popes • Silk Road • Formation of the New Testament • Early Christian sects: Gnostics, Catholics, Manichaeans • Constantinople • Rise and Fall of the Roman Empire • Crusades • Constantine • Council of Nicaea • Dark Ages • Christianity and Islam • Feudalism 	6	